



# CASMAG

OCT - 2025 | VOL: 2 | QUARTERLY MAGAZINE

Riding  
The Waves

The Next  
Chapter



## CONTENT

Director's note  
Desk to deck  
Captain / Ch.Eng Column

Anchoring Thoughts  
Word Search  
Sea News

Talented seafarer's family  
Festival & celebration  
Art gallery



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# TABLE OF CONTENTS



01

## MESSAGE FROM THE DIRECTOR

A note of inspiration and vision from Caspia's leadership.

02

## FROM DESK TO DECK

Featuring shore team members who bridge the gap between office and vessel.

03

## FUN & CULTURAL CORNER

### Between Sea and Sky

A visual journey through breath taking moments captured by seafarers.

### Festivals at Sea

Cultural celebrations that brought joy onboard.

### Flavours Onboard

Potluck fun, food stories, and culinary camaraderie.

04

## FROM THE CAPTAIN'S DESK

Thoughts, reflections, and stories from those who command the helm.

05

## CASPIA EXPANDS ITS HORIZON

Sailing forward with achievements that inspire new horizons

06

## ANCHORED THOUGHTS

A story to support emotional strength, wellbeing, and resilience at sea.

07

## CASPIACARE CHRONICLES

Welfare initiatives and activities under CaspiaCare for the well-being of our crew.

08

## SEAMIND GAMES

Puzzles, quizzes, and crosswords for your leisure break.

09

## FROM THE CHIEF ENGINEER'S DESK

Reflection on his experience at sea

10

## ARTS CORNER

Creative expressions through sketches, paintings, and crafts by our seafarers and kids.

# DIRECTOR'S NOTE



*From the Desk of*  
**CAPT. ABDUL QADIR BEG**

## *Dear Seafarers,*

As we release this quarter's edition of our magazine, I wish to take a moment to acknowledge each one of you for the dedication, resilience, and professionalism you bring to our industry. Life at sea is unique—filled with both challenges and opportunities—and it is your unwavering spirit that keeps our ships moving and our company growing.

One area that deserves our collective attention is mental well-being. Being away from family and working under demanding conditions can at times weigh heavily on the mind. Please remember that caring for your mental health is just as important as maintaining physical strength. Do not hesitate to reach out, share, or seek support whenever needed—whether it is from your crewmates, company, or our dedicated welfare channels. Together, we can build an environment where every seafarer feels heard, supported, and valued.

I would also like to sincerely thank you for the continuous feedback and suggestions you share with us. Your inputs are not just noted—they guide us in making meaningful improvements for both crew welfare and company operations. Every comment helps us shape better policies, stronger support systems, and safer working practices.

As we look ahead, our focus remains on your safety, well-being, and professional growth. I encourage you to continue sharing your thoughts openly, and let us strengthen this bond of trust and teamwork.

**Wishing you fair winds, calm seas, and good health always.**

Warm regards,  
**Capt. Abdul Qadir Beg**  
**Director**



# FROM DESK TO DECK

Working in the crewing profession is more than just a job—it is a responsibility that demands dedication, precision, and care. Every day, my team and I put in tireless efforts to ensure that our seafarers can join their vessels smoothly, safely, and without stress.

From the moment a joining schedule is confirmed, our work begins in full force. We coordinate day and night with agents, authorities, and service providers to make sure every step of the travel process is seamless. Whether it is arranging airport assistance, organizing transportation, or liaising with agents across borders, our goal is to prevent our crew from facing any hurdles during their journey.

Seafarer welfare goes beyond logistics. We ensure that salaries are credited on time, documents are maintained with utmost care, and renewal reminders are sent well in advance. Emergencies can arise at any moment, and when they do, we stand beside our crew and their families, providing the support and follow-ups needed to handle the situation.

This work demands attention to detail and a deep sense of responsibility. It is about more than moving people from one port to another—it is about safeguarding their careers, their wellbeing, and their families' peace of mind. Our seafarers put their trust in us, and we honor that trust by going the extra mile every single day.



“Working in the crewing profession is more than just a job—it is a responsibility that demands dedication, precision, and care.”

-Mr.Arbaz Bhatkar.

Behind every successful voyage, there is a team working silently in the background, ensuring that our seafarers are cared for, protected, and respected. That is the commitment we live by.

**Mr.Arbaz Bhatkar**

**(Crewing Manager)**

Caspia Ship Management Pvt. Ltd.  
Mumbai

# Between Sea and Sky

A sailor's world lies between the sea and the sky – his two constant companions. The sea teaches calmness and patience, while the sky reminds him to reach for greater heights. Through sunshine or storm, they journey together, holding strong and sailing safely through it all.





At Caspia, it's not just about work — it's about growth, enjoyment, and togetherness. In this section, you'll discover how the Caspia team, whether on board or in the office, learns and grows through training, enjoys and



## CRONICLES



celebrates festivals, and shares happiness with one another. Caspia Chronicles is where we capture those moments that make our journey more than just work — it's where memories, joy, and growth anchor us together.





## One Spirit, Many Shores : Celebrating Independence Across Caspia

Independence Day is more than just a date in our calendar – it is a feeling that unites us as one family, no matter where we are. This year, Caspia celebrated the 15th of August with the same patriotic zeal both at sea and on shore. Whether sailing across distant oceans or working together in our office, every Caspian heart beat with the joy of freedom and the pride of being Indian.

### Celebrations Onboard Our Vessels

Far away from home but close to the nation in spirit, our seafarers made sure that the day was marked with love and reverence. The tricolour was proudly unfurled on the decks, patriotic songs filled the air, and the crew stood together as one, remembering the countless sacrifices that gifted us this freedom. Simple yet heartfelt, these celebrations were a reminder that patriotism sails with us across every wave and every shore.





## Celebrations at the Caspia Office

Back on shore, our office too glowed with the colours of the nation. Employees gathered to hoist the national flag, sing patriotic songs, and share the joy of freedom together. The spirit of togetherness was as vibrant as ever, reminding us that just like our vessels, our workplace too carries the heartbeat of India. Smiles, songs, and the fluttering tricolour made the day special for every Caspian present.

### *Patriotic Unity At The Workplace*



## Do You Know? Unknown Facts About Independence Day

Behind the celebrations of 15th August lie many little-known truths that make this day even more meaningful:

**Freedom at Midnight:** India's independence came into effect at the stroke of midnight, between 14th and 15th August 1947.

**Why 15th August?** The date was chosen by Lord Mountbatten as it marked the second anniversary of Japan's surrender in World War II.

**The First Flag:** On 15th August 1947, the flag was first hoisted at Parliament House. The Red Fort ceremony that we now cherish was held the next day.

**A Silent Guardian:** While the nation celebrated, Mahatma Gandhi was in Calcutta, striving to bring peace amidst communal riots.

**Our Anthem:** "Jana Gana Mana" became the national anthem only in 1950. On Independence Day 1947, "Vande Mataram" was sung instead.

### A Thought to Carry Forward

*Independence is not just a historical milestone; it is a living spirit that binds us together – on land, at sea, and in every corner of the world. This year's celebrations across Caspia reminded us that freedom is not about where we are, but about what we carry in our hearts: unity, pride, and gratitude for the nation we call home.*

*Jai Hind*



# SEA • NEWS



## India ranks among top 3 global suppliers of seafarers with 3 lakh workforce

Union Minister of Ports, Shipping and Waterways Shri Sarbananda Sonowal addressed the 10<sup>th</sup> convocation of the Indian Maritime University (IMU) in Chennai on Friday, highlighting the remarkable transformation of India's maritime sector under the visionary leadership of Prime Minister Shri Narendra Modi and the employment opportunities now available to youth entering the sector.

Congratulating the 2,196 graduating students, Shri Sarbananda Sonowal said,

“You are entering a sector that has been revitalised over the past decade and is central to India's economic, strategic, and global ambitions. Careers in shipping, ports, shipbuilding, logistics, research, and green maritime technologies have never been more diverse or in demand as we move towards becoming one of the global leaders in the maritime sector under the dynamic leadership of Prime Minister Shri Narendra Modi.

India's seafarer workforce has grown from 1.25 lakh a decade ago to over three lakh today, placing the country among the top three global suppliers of trained seafarers. This creates vast opportunities in navigation, ship operations, logistics, and allied maritime industries both in India and abroad.

Shri Sarbananda Sonowal emphasised the employment potential of these initiatives, stating, “These transformative measures are expected to generate 25–30 lakh direct and indirect jobs in shipbuilding, ports, shipping, logistics, and allied industries. India's maritime resurgence is not only about economic growth, but also about creating meaningful careers for our youth in a Viksit Bharat and an Atmanirbhar Bharat. Graduates stepping into this sector carry the responsibility of upholding ethics, embracing innovation, and navigating technological and environmental challenges, contributing directly to India's emergence as a maritime powerhouse and a global leader in the blue economy.”

## JNPA ranks among 20 most-improved container ports globally : World Bank



Jawaharlal Nehru Port Authority (JNPA) has featured among the 20 most-improved container ports globally in 2024, according to a preliminary report by the World Bank.

“Jawaharlal Nehru Port (India) experienced significant improvements from 2020 to 2024. The port’s CPPI values were 66 (2020), 62 (2021), 35 (2022), 48 (2023), and 100 (2024). This upward trend reflects the addition of terminal capacity and process reforms that have reduced turnaround and dwell times,” the report said.

“Moves per hour per ship and per crane are reported to have improved, as are truckside and rail process improvements,” World Bank said.

In 2023, nine Indian ports had featured in the top 100 of the bank’s container port rankings. These included Pipavav(41), Kamarajar (47), Cochin (63), Hazira (68), Krishnapatnam (71), Chennai (80) and Jawaharlal Nehru (96). Based on vessel time in port, defined as arrival and berth hours, the CPPI is generated for over 400 ports.

## Young Crewmember Killed By Sliding Watertight Door Aboard Greek Ferry

A young cadet aboard the ferry Blue Star Chios was killed Wednesday when he got caught in a sliding watertight door, according to authorities in Piraeus.

The 20-year-old crewmember was an engineering student, and had been aboard the ship as a wiper since September 15. He was properly certified for basic training, and had undergone familiarization while boarding the ship.

The watertight door connected a ro/ro deck with the engine room, and the crewmember was passing through the open hatch when it closed and fatally injured him. His crewmates immediately responded to the scene and retrieved him to the hatch; their efforts to save him were not successful.

The captain and the chief engineer have been arrested and face charges of "manslaughter by negligence" for the young crewmember's death.

# Captain's Voyage: From Cadetship to Command

Looking back, the journey from a young cadet to standing on the bridge as Master feels surreal. The sea has tested, humbled, and shaped me into who I am today.

## Where It All Began

I began at Vels Academy of Maritime Studies — an ordinary young man with an extraordinary dream. I didn't yet understand the long days at sea, missed family occasions, or the countless sunrises witnessed in silence. My first break came with Anglo Eastern Ship Management, where I joined as a cadet. From scrubbing decks to long bridge watches, every task taught me discipline.

I started on tankers, drawn to the precision and responsibility they demanded. That early exposure to detail and safety set the foundation for my future.

## Growing as a Leader

After Anglo Eastern, I spent most of my career with Bernhard Schulte Ship Management (BSM) — a company that became like a second family. Rising from Third Officer to Chief Officer, I learned that leadership isn't about authority but about trust, empathy, and calm in tough times. A few words of encouragement from a senior often meant the world during rough voyages.

## The Master's Chair

The day I took command as Master remains unforgettable — a mix of pride and immense responsibility for the ship, cargo, and, above all, the crew.



**Capt. Jenin Joshy**

Being Master means making decisions that count and mastering yourself in solitude when the sea stretches endlessly.

## Lessons from the Sea

- *The ocean has been my greatest teacher.*
- *Discipline and integrity are your true compass.*
- *Teamwork keeps the ship moving — no one sails alone.*
- *Adaptability is key; the sea changes, and so must you.*
- *Humility — the ocean always reminds you of your place.*
- *To Young Cadets*

To aspiring seafarers: embrace every challenge. The journey isn't just about promotions but about discovering yourself. One day, when you stand at the helm watching the horizon, you'll know the sacrifices were worth it — because the sea gives not just a career but a calling.

**Capt. Jenin Joshy**  
Caspia Ship Management Pvt. Ltd.  
Mumbai



# ANCHORED THOUGHTS

## Sailing Through Emotions: Handling Loneliness at Sea

### “The Empty Chair by the Porthole”

Rahul had been sailing for 9 years. As a Second Engineer, his life was filled with routine—oil checks, engine sounds, system logs. From the outside, everything about him screamed experience. But what the crew didn't see was that for Rahul, this voyage was different. This was the first time he had left home after his father passed away. The first week on board, he managed. He kept himself busy. He even laughed during dinner with the crew. But at night, when the ship fell into its usual silence, Rahul would sit by the small porthole near the crew mess, staring at the ocean.

There was an empty chair beside him—one that reminded him of his father's chair at home. That's when it hit hardest. Not during storms. Not during heavy duties. But during these small, silent moments, when the heart found space to feel. Rahul didn't know how to talk about it. “Everyone's dealing with their own stuff,” he thought. He feared looking weak, emotional, or distracted. So he stayed quiet.

One evening, while they were anchored near Rotterdam, the Chief Engineer, Mr. Pinto, noticed him sitting alone again. Without a word, Pinto sat beside him and simply said, “You know, my son was born while I was onboard my last ship. I saw him on a screen two weeks later.” Rahul looked up. Pinto continued, “This sea teaches us silence. But silence doesn't mean we have to carry everything alone.”

That night, Rahul didn't say much. But the next day, over a coffee break, he spoke. Just a little. Just enough. He shared about his father—how he used to see him off at the port every time, how this time was different. And one by one, others began to open up too. Someone spoke about missing their daughter's wedding. Another about losing a friend back home. The crew mess that once echoed only with laughter now held space for emotions too.

#### Rahul realized something important:

Loneliness isn't always about being alone. Sometimes, it's about feeling like no one understands. And the only way to break that—is to speak.

#### Reflection:

**Seafarers are some of the strongest people in the world. But even the strongest have hearts.**

**Sharing, listening, or simply sitting beside someone in silence can ease more pain than we imagine.**

**So the next time you see an “empty chair” beside someone—pull up your own and sit for a while. You might just be saving someone from drowning in silence.**

## Word Search

## MARITIME



Marine  
Offshore  
Navigate  
Frigate  
Cargo

Coastal  
Waterborne  
Marina  
Shipbuilding  
Submarine

Naval  
Shipping  
Fleet  
Liner  
Dockyard

Seafaring  
Seaman  
Vessel  
Seaport  
Ferry

# My Voyage Through the Ranks From Junior Engineer to Chief Engineer

*"The sea tests you in ways nothing else can — but it also shapes you into who you're meant to be."*

The sea has a remarkable way of transforming people. What starts as a career soon becomes a calling. My journey in the Merchant Navy began as a fresh Junior Engineer and has taken me all the way to Chief Engineer with Caspia Shipping — a voyage of learning, leadership, and self-discovery.

## Beginnings: The Junior Engineer

Stepping into an engine room for the first time is unforgettable — the roar of machinery, the heat, the precision of every movement. As a Junior Engineer, I handled daily routines like bilge sounding, oil transfers, and assisting in overhauls. Those tasks taught me discipline, safety, and respect for teamwork — the very foundation of life at sea.

## Rising Through the Ranks

### Fourth Engineer – The Oil King:

My first big leap came as Fourth Engineer, managing fuel oil systems, purifiers, and boilers — the ship's lifeblood. The role demanded accuracy; even a small error could cause major disruption. Long night watches built endurance and quiet confidence.

### Third Engineer – The Watchkeeper:

With greater responsibility came new challenges. I managed compressors, freshwater generators, and engine watchkeeping. I still recall a cooling water pump failure in the rough North Sea — a moment that taught me calm problem-solving under pressure.

### Second Engineer – The Chief's Right Hand:

As Second Engineer, I was responsible for planning maintenance, managing spares, and mentoring juniors. It was demanding yet deeply fulfilling. Leadership meant not just technical skill, but guiding others through challenges.

### The Summit: Chief Engineer

Reaching the rank of Chief Engineer was the proudest moment of my career. Every decision now rests on your shoulders — from main engine performance to safety, compliance, and budgeting. It's a role that combines technical mastery with people management.

There are long nights and sudden breakdowns, but nothing compares to the satisfaction of leading your team and bringing the ship safely to port. At this stage, you realize — leadership at sea is about trust, teamwork, and accountability.



Subrata Kumar Das  
Chief Engineer

### Life and Lessons at Sea

Life at sea is not easy — months away from home, unpredictable weather, and constant vigilance. Yet the rewards are immense: seeing the world, building lifelong friendships, and growing stronger with every challenge.

*"From the frozen docks of Russia to the sunny ports of Brazil, the sea has been my greatest teacher — of patience, humility, and courage."*

### A Proud Chapter with Caspia

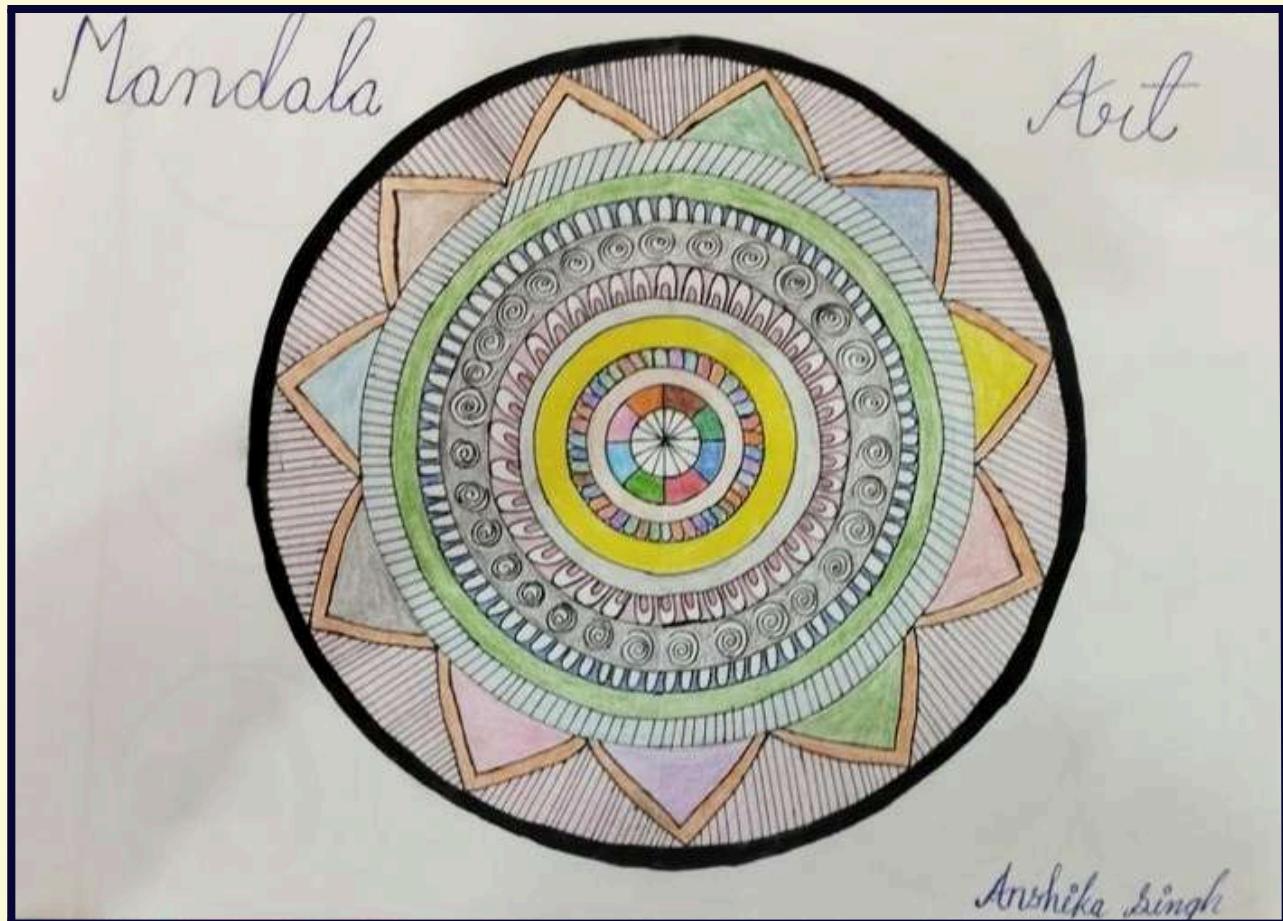
Joining Caspia Shipping, known for its strong safety culture and modern fleet, marked a new horizon in my journey. Leading one of its advanced vessels and mentoring young engineers has been deeply rewarding. Caspia's values of professionalism, teamwork, and integrity align perfectly with my own.

*"Smooth seas never made skilled sailors — and I'm proud to have earned my stripes the hard way."*

**Mr. Subrata Kumar Das  
(Chief Engineer)**

Caspia Ship Management Pvt. Ltd.  
Mumbai

## TALENTED SEAFARER'S FAMILY



## TALENTED SEAFARER'S FAMILY



## TALENTED SEAFARER'S FAMILY



Paintings by Mrs. Dhanya Dathan (Wife of Capt. Jenin)

# MILESTONES & ACHIEVEMENTS

## Caspia Expands its Horizon

Caspia continues to chart a course of steady growth with the addition of new vessels to its fleet and a steady rise in the number of dedicated crew members. Our Caspia family is expanding—both onboard and ashore—as we welcome more talented seafarers and shore staff into our team.

Adding to this growth, Caspia has now moved to a new and larger office space—a reflection of our expanding operations and growing vision. With improved facilities and a more collaborative environment, the new workspace sets the stage for greater efficiency and teamwork.

We have also introduced enhanced training programs designed to strengthen crewing excellence and service quality, ensuring our teams—both at sea and ashore—are equipped with the right skills to deliver their best.

Each new step, vessel, and member reflects our continued commitment to excellence, safety, and unity. Together, we keep sailing forward, reaching new destinations and greater heights.



“Together, we sail beyond boundaries.”



# Waves, Winds and Winning Shots

**1ST PRIZE**  
Kanhai Kumar  
(2nd OFF)

**2ND PRIZE**  
Mane  
(Tr. OS)

**3RD PRIZE**  
Ilesh Kumar  
(3<sup>rd</sup> ENG)

## CASPIA CARE ACTIVITIES



*Empowering Our Crew Beyond the Horizon*

**Caspia Ship Management Pvt. Ltd.**

F301&302, TOWER 2, SEAWOOD  
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